

# Harvest appeal



**Help support your food bank this Harvest**

## Donate food



Donate an item or two from our shopping list, ensuring we can provide food for people facing hardship in your community.

## Donate money



Help to cover the costs of storing and distributing food, as well as developing sustainable projects.

## Shopping list

- Tinned Corned Beef/Ham
- Tinned Hotdogs
- Tinned Tuna/Salmon
- Tinned Sardines/Mackerel
- Tinned Ravioli/Macaroni Cheese
- Tinned Chilli Con Carne/ Mince & Onion
- Tinned Beans & Sausages
- Tinned Tomatoes
- Tinned Mixed Vegetables
- Jars of Pasta Sauce
- Rice Bags/Pouches/Savoury Rice
- Pasta
- Tinned Custard
- Tinned Rice Pudding
- Tinned Fruit
- Jams/Chocolate/Peanut Spread
- Biscuits
- Tea/Coffee
- Sugar
- Bottles of Squash
- Laundry Gel
- Shampoo
- Shower Gel
- Toothpaste
- Washing Up Liquid

**01277 224 528**

**[brentwood.foodbank.org.uk](http://brentwood.foodbank.org.uk)**

Facilitated by Doddinghurst Road Church  
Registered Charity in England & Wales (1171227)

