

St Thomas of Canterbury Church of England Primary School



Three week menu plan from 3rd November 2025

The new lunch menus will commence on
Monday 3rd November 2025.

Please put a tick ✓ in the box next to the main meal, vegetarian meal or packed lunch option for your child for each day of each week of the three week cycle.
Return **the School Copy** menu plan to school by Friday 17th October 2025.

If you do not return the menu plan we will assume you are providing your own packed lunch each day.

Allergen information is available upon request.

Child's name: _____

Year: _____ Class: _____

HOME COPY

Week 1

Please put a tick ✓ in the box next to your child's option or if you will be providing your own packed lunch for your child.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Tomato and Pepperoni Sauce Pasta ☐ or Tomato and Basil Sauce Pasta ☐	Pork Sausages ☐ or Vegetarian Sausages ☐	Local Butchers Roast Chicken ☐ or Herby Topped Quorn Fillet ☐	Fish Finger ☐ or Mexican Quesadilla (Cheese and Peppers) ☐	Chicken Tikka ☐ or Macaroni Cheese ☐
Vegetarian Option	Garlic Bread Fresh Salad	Mashed Potato Baked Beans	Roast Potatoes Peas Carrots Yorkshire Puddings	Chips Peas Baked Beans	Rice Naan Bread
	Shortbread Biscuits	Chocolate Sponge and Custard	Jelly	Chocolate or Strawberry Mousse	Flapjacks
	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts
	Own Packed Lunch ☐	Own Packed Lunch ☐	Own Packed Lunch ☐	Own Packed Lunch ☐	Own Packed Lunch ☐

Water and Cold Milk available every day

Week 2

Please put a tick ✓ in the box next to your child's option or if you will be providing your own packed lunch for your child.

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main		Pepperoni Pizza ☐	Beef Bolognaise Pasta ☐	Local Butchers Roast Gammon ☐	Sausage Roll ☐	Breaded Chicken Goujons ☐
	or		or	or	or	or
Vegetarian Option		Cheese and Tomato Pizza ☐	Ratatouille Pasta Bake ☐	Cheese and Broccoli Bake ☐	Vegetarian Sausage Roll ☐	Breaded Quorn Dippers ☐
		Sweet Potato Fries Fresh Salad	Garlic Bread Salad	Mashed Potato Cabbage Carrots Yorkshire Pudding	Chips Peas Baked Beans	Rice/Wraps BBQ Sauce Corn on the Cob
		Cornflake Cakes	Jelly	Raspberry Crumble Bar and Custard	School Sponge	Oaty Cookie
		Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts
		Own Packed Lunch ☐	Own Packed Lunch ☐	Own Packed Lunch ☐	Own Packed Lunch ☐	Own Packed Lunch ☐

Water and Cold Milk available every day

Week 3

Please put a tick ✓ in the box next to your child's option or if you will be providing your own packed lunch for your child.

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main		Tomato and Mascarpone Sauce Pasta ☐	Chicken Burger in a Bun ☐	Local Butchers Roast Pork ☐	Chicken Nuggets ☐	Fish Fillets ☐
	or		or	or	or	or
Vegetarian Option		Cheese Sauce Pasta ☐	Breaded Vegetarian Burger in a Bun ☐	Cheese and Leek Sausages ☐	Quorn Nuggets ☐	Vegetarian Samosa ☐
		Garlic Bread Salad	Potato Wedges Salad	Herby Potatoes Peas Carrots Yorkshire Pudding	Chips Peas Baked Beans	Rice Peas Sweetcorn
		Flapjack	Chocolate Chip Shortbread	Jelly	Ice Cream Tubs	Apple Crumble and Custard
		Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts
		Own Packed Lunch ☐	Own Packed Lunch ☐	Own Packed Lunch ☐	Own Packed Lunch ☐	Own Packed Lunch ☐

Water and Cold Milk available every day