

St Thomas of Canterbury Church of England Primary School



Three week menu plan from 13th April 2026

The new lunch menus will commence on
Monday 13th April 2026

Please put a tick ✓ in the box next to the main meal, vegetarian meal or packed lunch option for your child for each day of each week of the three week cycle. Return **the School Copy** menu plan to school by Friday 20th March.

If you do not return the menu plan we will assume you are providing your own packed lunch each day.

Allergen information is available upon request.

| |
|--------------------------|
| Child's name: _____ |
| Year: _____ Class: _____ |

SCHOOL COPY

Week 1

Please put a tick ✓ in the box next to your child's option or if you will be providing your own packed lunch for your child.

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------|---|---|---|---|---|
| Main | Pasta Day <input type="checkbox"/> Pepperoni Sauce or | Chicken Goujons <input type="checkbox"/> or | Roast Chicken <input type="checkbox"/> or | Beef Burger in a Bun <input type="checkbox"/> or | Fish Fingers <input type="checkbox"/> or |
| Vegetarian Option | Tomato and Basil Sauce <input type="checkbox"/> or | Quorn Nuggets <input type="checkbox"/> or | Quorn Fillet <input type="checkbox"/> or | Vegetable Burger in a Bun <input type="checkbox"/> or | Cheese and Tomato Quiche <input type="checkbox"/> or |
| | Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/> | Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/> | Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/> | Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/> | Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/> |
| | Pasta Garlic Bread Fresh Salad | Rice Wraps Sweetcorn BBQ Sauce | Roast Potatoes Peas Carrots Yorkshire Pudding | Fresh Salad Tomato Relish | Chips Peas Baked Beans |
| | Flapjack | Strawberry Mousse | Jelly | School Sponge Cake | Shortbread Biscuit |
| | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts |
| | Own Packed Lunch <input type="checkbox"/> | Own Packed Lunch <input type="checkbox"/> | Own Packed Lunch <input type="checkbox"/> | Own Packed Lunch <input type="checkbox"/> | Own Packed Lunch <input type="checkbox"/> |

Water and Cold Milk available every day

Week 2

Please put a tick ✓ in the box next to your child's option or if you will be providing your own packed lunch for your child.

| | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------|---|---|---|---|---|---|
| Main | Cheese and Pepperoni Pizza <input type="checkbox"/> | Beef Bolognese <input type="checkbox"/> | All Day Breakfast <input type="checkbox"/> | Chicken Tikka <input type="checkbox"/> | Chicken Nuggets <input type="checkbox"/> | |
| | or | or | or | or | or | |
| Vegetarian Option | Cheese and Tomato Pizza <input type="checkbox"/> | Cheese and Tomato Pasta <input type="checkbox"/> | Vegetarian Breakfast <input type="checkbox"/> | Macaroni Cheese <input type="checkbox"/> | Quorn Nuggets <input type="checkbox"/> | |
| | Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/> | Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/> | Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/> | Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/> | Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/> | |
| | | Sweetcorn Fresh Salad | Pasta Garlic Bread Fresh Salad | Hash Browns Baked Beans | Rice/Naan Bread Herby Bread Fresh Salad | Chips Spaghetti Hoops Peas |
| | | Chocolate Crunch | Jelly | Ice Cream Tubs | School Chocolate Sponge Cake | Oaty Cookie |
| | | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts |
| | | Own Packed Lunch <input type="checkbox"/> | Own Packed Lunch <input type="checkbox"/> | Own Packed Lunch <input type="checkbox"/> | Own Packed Lunch <input type="checkbox"/> | Own Packed Lunch <input type="checkbox"/> |

Water and Cold Milk available every day

Week 3

Please put a tick ✓ in the box next to your child's option or if you will be providing your own packed lunch for your child.

| | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------|---|---|---|---|---|---|
| Main | GF Pork Meatballs <input type="checkbox"/> | Jacket Potatoes <input type="checkbox"/> | Roast Chicken <input type="checkbox"/> | Beef Burrito <input type="checkbox"/> | Fish Fillet <input type="checkbox"/> | |
| | or | or | or | or | or | |
| Vegetarian Option | Macaroni Cheese <input type="checkbox"/> | Jacket Potatoes <input type="checkbox"/> | Cheese and Broccoli Pasta Bake <input type="checkbox"/> | Quorn Burrito <input type="checkbox"/> | Vegetable Samosa <input type="checkbox"/> | |
| | Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/> | Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/> | Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/> | Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/> | Cheese Sandwich <input type="checkbox"/> Ham Sandwich <input type="checkbox"/> | |
| | | Garlic Bread Fresh Salad | Cheese Beans Tuna and Sweetcorn Chilli Beef | Herby Potatoes Green Beans Carrots Yorkshire Pudding | Rice Corn on the Cob | Chips Peas Baked Beans |
| | | Ice Cream Tubs | Chocolate Mousse | Chocolate Chip Cookies | Jelly | School Sponge Cake |
| | | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts | Fresh Fruit Yoghurts |
| | | Own Packed Lunch <input type="checkbox"/> | Own Packed Lunch <input type="checkbox"/> | Own Packed Lunch <input type="checkbox"/> | Own Packed Lunch <input type="checkbox"/> | Own Packed Lunch <input type="checkbox"/> |

Water and Cold Milk available every day