## **St Thomas of Canterbury Church of England Primary School**



## Three week menu plan from 15th April 2024

## The new lunch menus will commence on Monday <u>15th April 2024</u>.

Please put a tick  $\checkmark$  in the box next to the main meal, vegetarian meal or packed lunch option for your child for each day of each week of the three week cycle. <u>Return **the**</u> <u>School Copy menu plan to school by Monday 18th March.</u>

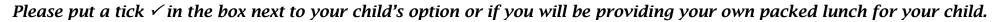
If you do not return the menu plan we will assume you are providing your own packed lunch each day.

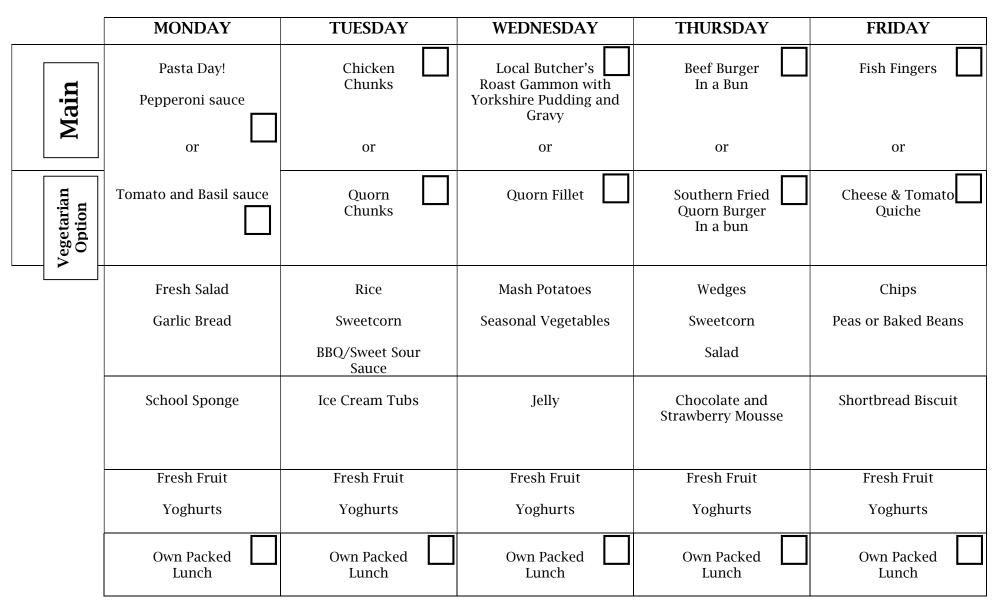
Allergen information is available upon request.

Child's name: \_\_\_\_\_\_ Year: \_\_\_\_\_\_ Class: \_\_\_\_\_\_

# **SCHOOL COPY**

#### Week 1





#### Water and Cold Milk available every day

#### Week 2

Please put a tick  $\checkmark$  in the box next to your child's option or if you will be providing your own packed lunch for your child.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Pizza Day! Cheese and Pepperoni	Fish Fillet	Local Butcher's Roast Chicken with Yorkshire Pudding and Gravy	Pork Sausages	Chicken Nuggets
	or	or	or	or	or
Vegetarian Option	Cheese and Tomato	Vegetarian Nuggets	Quorn Fillet	Vegetarian Sausages	Quorn Nuggets
	Cold Tri Colour Pasta Salad	Rice Peas/ Sweetcorn	Roast Potatoes Seasonal Vegetables	Mash Potatoes Baked Beans	Chips Spaghetti Hoops
	Cornflake Cake	Flapjack	Jelly	Pancakes with Chocolate Sauce	Homemade Oat Cookies
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Yoghurts	Yoghurts	Yoghurts	Yoghurts	Yoghurts
	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch

Water and Cold Milk available every day

### Week 3

*Please put a tick*  $\checkmark$  *in the box next to your child's option or if you will be providing your own packed lunch for your child.* 

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Meatballs with Pasta	Chicken Tikka	All Day Breakfast with Bacon, Sausage And Omelette	Beef Bolognaise	Fish Fingers
	or	or	or	or	or
Vegetarian Option	Macaroni Cheese	Vegetarian Curry	All Day Breakfast with Vegetarian Sausage And Omelette	Vegetarian Bolognaise	Cheese and Pepper Quesadillas
	Garlic Bread	Rice	Hash Browns	Salad	Chips
	Fresh Salad	Naan Bread	Baked Beans	Herby Bread	Peas and Sweetcorn
	School Sponge	Ice Cream Tub	Jelly	Chocolate Brownie	Fruit Lollies
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Yoghurts	Yoghurts	Yoghurts	Yoghurts	Yoghurts
	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch