



ST. THOMAS OF CANTERBURY C OF E JUNIOR SCHOOL  
“Realising the potential of every child within a caring, Christian community”

## **P.E Intent Statement**

At St Thomas of Canterbury Church of England Junior School, we intend for our curriculum to enable children to develop skills, knowledge and vocabulary in a broad range of sporting activities. We understand the importance of how physical activity can have a positive impact on a pupil’s health and wellbeing.

It is therefore our intent to provide an inclusive, broad and balanced PE curriculum that ensures all children will benefit, whether through enhancing existing skills, learning new skills or being introduced to new sports, clubs, teams and organisations. Through self-selected skill-based differentiation pupils will develop confidence, reflection skills, positive growth-mindset and resilience to persevere with activities that once may have felt too difficult. As a result, children have the opportunity to become physically confident and embed our school character values, such as fairness and respect.

**April 2020**