

## **Rock UK Kit List – (6<sup>th</sup> – 10<sup>th</sup> October 2025)**

Pack a small cabin sized suitcase or holdall.

All essential activity and safety equipment is provided, but children need personal clothing, footwear and washing kit. Brand new and expensive clothes/accessories should be left at home. Jeans are impractical as they provide no warmth when wet and are difficult to dry.

Washing kit

Hand sanitiser

At least two towels

Labelled strong plastic bags (for wet or spare clothes)

Sports bottle for drinks

Sun hat

Sun cream

Warm hat and gloves

Sleeping gear – warm pyjamas!

Changes of underwear

At least two thick jumpers/sweatshirts

At least three pairs of old trousers (no jeans, two for activities, one for evenings)

Track suit (at least two pairs of bottoms)

Shorts (in warm weather)

Sports/T shirts (bring lots)

Thick and thin socks (plenty)

At least two pairs of trainers

Waterproof jacket

Small rucksack/drawstring bag for daytime

Warm fleece

Cagoule

Small teddy

Pack of cards

Reading book

Small pad/pencil for diary

£15 in small change in a wallet

Lip balm

**NO** torches

**NO** mobile phones/electronic devices

**NO** cameras

**NO** extra food

**NO** electronic toys

**NO** more than £15

**NO** aerosol deodorant (you can bring a roll on deodorant)

### **EVERYTHING MUST BE CLEARLY NAMED**

Rock UK will take no responsibility for finding and returning lost property.

Remember to **bring packed lunch for the Monday** in a named disposable bag in your day bag NOT your holdall.