

St Thomas of Canterbury Church of England Primary School



Three week menu plan from 22nd April 2025

The new lunch menus will commence on
Tuesday 22nd April 2025.

Please put a tick ✓ in the box next to the main meal, vegetarian meal or packed lunch option for your child for each day of each week of the three week cycle. Return **the School Copy** menu plan to school by Wednesday 26th March.

If you do not return the menu plan we will assume you are providing your own packed lunch each day.

Allergen information is available upon request.

Child's name: _____

Year: _____ Class: _____

SCHOOL COPY

Week 1

Please put a tick ✓ in the box next to your child's option or if you will be providing your own packed lunch for your child.

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Pizza Day! Cheese and Pepperoni <input type="checkbox"/> or Cheese and Tomato <input type="checkbox"/>	Chicken Tikka <input type="checkbox"/> or Vegetable Samosa <input type="checkbox"/>	Giant Pigs in Blankets <input type="checkbox"/> or Roasted Vegetable Tart <input type="checkbox"/>	Spaghetti Bolognese <input type="checkbox"/> or Macaroni Cheese <input type="checkbox"/>	Chicken Nuggets <input type="checkbox"/> or Quorn Nuggets <input type="checkbox"/>	
	Vegetarian Option	Potato Wedges Fresh Salad	Naan Bread Rice	Mash Potatoes Yorkshire Pudding Gravy Seasonal Vegetables	Garlic Bread Fresh Salad	Chips Peas or Baked Beans
		Chocolate Cornflake Cakes	School Sponge	Jelly	Oaty Cookie	Lemon Drizzle Cake
		Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts
		Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>

Water and Cold Milk available every day

Week 2

Please put a tick ✓ in the box next to your child's option or if you will be providing your own packed lunch for your child.

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main		Tomato and Pepperoni Sauce Pasta <input style="float: right;" type="checkbox"/> or	Mild Beef Chilli <input style="float: right;" type="checkbox"/> or	Roast Chicken <input style="float: right;" type="checkbox"/> or	All Day Breakfast <input style="float: right;" type="checkbox"/> or	Ham & Cheese Pizza <input style="float: right;" type="checkbox"/> or
	Vegetarian Option	Tomato and Basil Sauce Pasta <input style="float: right;" type="checkbox"/> or	Mild Vegetarian Chilli <input style="float: right;" type="checkbox"/> or	Quorn Hunters Style Fillets <input style="float: right;" type="checkbox"/> or	Vegetarian All Day Breakfast Served in a Wrap <input style="float: right;" type="checkbox"/> or	Cheese & Tomato Pizza Whirls <input style="float: right;" type="checkbox"/> or
		Garlic Bread Fresh Salad	Rice Nachos	Herby Potatoes Yorkshire Pudding Gravy Seasonal Vegetables	Hash Browns Baked Beans	Chips Spaghetti Hoops Sweetcorn
		Banana Loaf Cake	Shortbread	Chocolate Mousse	Jelly	Ice Lollies
		Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts
		Own Packed Lunch <input style="float: right;" type="checkbox"/>	Own Packed Lunch <input style="float: right;" type="checkbox"/>	Own Packed Lunch <input style="float: right;" type="checkbox"/>	Own Packed Lunch <input style="float: right;" type="checkbox"/>	Own Packed Lunch <input style="float: right;" type="checkbox"/>

Water and Cold Milk available every day

Week 3

Please put a tick ✓ in the box next to your child's option or if you will be providing your own packed lunch for your child.

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div style="border: 1px solid black; padding: 5px; width: 50px; margin: 0 auto;">Main</div> <div style="border: 1px solid black; padding: 5px; width: 50px; margin: 0 auto;">Vegetarian Option</div>	<div style="display: flex; justify-content: space-between; align-items: center;"> GF Pork Meatballs <input style="width: 30px; height: 20px;" type="checkbox"/> </div> <div style="text-align: center; margin-top: 20px;">or</div>	<div style="display: flex; justify-content: space-between; align-items: center;"> Chicken Chunks <input style="width: 30px; height: 20px;" type="checkbox"/> </div> <div style="text-align: center; margin-top: 20px;">or</div>	<div style="display: flex; justify-content: space-between; align-items: center;"> Roast Chicken <input style="width: 30px; height: 20px;" type="checkbox"/> </div> <div style="text-align: center; margin-top: 20px;">or</div>	<div style="display: flex; justify-content: space-between; align-items: center;"> Beef Burger in a Bun <input style="width: 30px; height: 20px;" type="checkbox"/> </div> <div style="text-align: center; margin-top: 20px;">or</div>	<div style="display: flex; justify-content: space-between; align-items: center;"> Fish Fingers <input style="width: 30px; height: 20px;" type="checkbox"/> </div> <div style="text-align: center; margin-top: 20px;">or</div>	
	<div style="display: flex; justify-content: space-between; align-items: center;"> Macoroni Cheese <input style="width: 30px; height: 20px;" type="checkbox"/> </div>	<div style="display: flex; justify-content: space-between; align-items: center;"> Quorn Wraps <input style="width: 30px; height: 20px;" type="checkbox"/> </div>	<div style="display: flex; justify-content: space-between; align-items: center;"> Tomato & Spinach Cannelloni <input style="width: 30px; height: 20px;" type="checkbox"/> </div>	<div style="display: flex; justify-content: space-between; align-items: center;"> Crisp Crumbed Vegetarian Burger <input style="width: 30px; height: 20px;" type="checkbox"/> </div>	<div style="display: flex; justify-content: space-between; align-items: center;"> Cheese & Tomato Quiche <input style="width: 30px; height: 20px;" type="checkbox"/> </div>	
		Garlic Bread Fresh Salad	Rice, Tortilla Wraps BBQ Sauce Sweet and Sour Sauce Corn on the Cob	Roast Potato Yorkshire Pudding Gravy Seasonal Vegetables	Herby Potatoes Sweetcorn	Chips Peas & Baked Beans
		Flapjack	Jelly	School Biscuits	Ice Cream Tubs	Chocolate Sponge
		Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts
		Own Packed Lunch <input style="width: 30px; height: 20px;" type="checkbox"/>	Own Packed Lunch <input style="width: 30px; height: 20px;" type="checkbox"/>	Own Packed Lunch <input style="width: 30px; height: 20px;" type="checkbox"/>	Own Packed Lunch <input style="width: 30px; height: 20px;" type="checkbox"/>	Own Packed Lunch <input style="width: 30px; height: 20px;" type="checkbox"/>

Water and Cold Milk available every day